

Policy Shapers Volunteer



Who are Mencap?

Mencap support people with a learning disability to live full and valued lives.

Who will I be volunteering with?

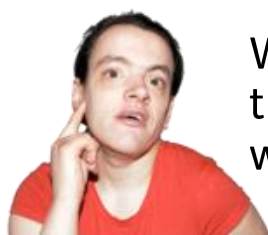


You will be volunteering with Mencap Policy Team.

The policy team works with the Government and others to make sure that the laws better support people with a learning disability and their families and carers.

The Government makes decisions about the laws and how things should work.

What will I be doing in this volunteer role?



We want people with a learning disability and their families and carers to be involved in this work.

You will help us make sure that the voices of people with a learning disability and their families and carers are heard by those making decisions about laws.



We will ask you to tell us about your experiences with things like benefits or getting a support worker.

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We will ask you to answer some surveys about things like social care.

We may also ask you from time to time to come to a meeting with us.

Can I volunteer if I have a learning disability?



Yes! For this role, we are looking for people with a learning disability as well as families and carers of someone with a learning disability.

Mencap wants to have the voice of people with a learning disability inform everything we say.

When will I volunteer?



Once you become a Policy Shaper there are no set days and times you will volunteer.

The policy team will contact you about 3-4 times a year.



We will ask you some questions about your experiences.

We will only contact you about things that you told us you have experience in or are interested in.

If there is a meeting we would like you to come to, we will always discuss this with you first.

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What skills do I need to volunteer?

You need to have personal experience of learning disability.

You need to be happy to share your experiences with us.

You need to be happy to respond to our surveys on time.

Will it cost anything to volunteer?

No.



We will pay any travel costs to a meeting we have asked you to come to.

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How do I apply?

You can do the application online or you can complete a volunteer application form.



If you haven't got a form, then please email volunteering@mencap.org.uk

If you prefer, you can apply over the phone by calling the volunteering team on 01543 545002

What happens after I apply?

We will be in contact to tell you more about the role, and find out more about you and what your experiences and interests are.



We will then add you to our list of Policy Shapers at Mencap.

Mencap's Values

It's really important that Mencap staff and volunteers believe in our Values:



- **Inclusive** – We are inclusive. People with a learning disability are at the heart of everything we do.



- **Trustworthy** – We are trustworthy. When we promise something, we don't let people down.

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- **Caring** – We are caring. We treat everyone with respect and kindness.



- **Challenging** – We are challenging. When we see things that aren't fair we will campaign until we see real change.



- **Positive** – We are positive. We never stop believing in a better future and we celebrate what we are proud of now.