

## What we'd love you to do

The Mencap visiting service (MVS) was launched in **1963** as a befriending service to adults with a learning disability after their parents pass away.

About the role -Volunteer Visitor near Turo We currently support over 300 people of all ages across England and Wales. MVS volunteers reduce social isolation, expand networks and build friendships.

"Listening, supporting and including one another is a vital part of working in our team." Dean Each volunteer is matched with someone to visit 6 times per year. All volunteers are supported by a Volunteer Services Coordinator. Get to know a kind, friendly man with a learning disability, enjoying relaxed time in the home or head out for some fresh air!

- This gentleman in his 60s lives a home with a few other people just south of Truro.
- He likes nature and animals, but also sometimes just staying in and watching the telly.
- He loves being active and getting out into the garden, and even further afield. Maybe for a walk in nature, particularly if there is a pub at the other end!
- Will be at home, at least for the first few visits. Once you have got to know each other, you may both feel comfortable to head out for a trip accompanied by a member of his care team.
- Honour his parents' wishes by providing a social connection now they can't, and have a good time doing it!
- This gentleman has a severe learning disability and does not communicate verbally. He will use with body language, gesturing, and by leading.



## What can you expect from us:

- Personalised training and induction
- To feel fully supported in your role
- Agreed out-of-pocket expenses to be reimbursed (e.g. travel, a meal out with the person you visit)
- Meet new people
- Learn new skills
- Feel appreciated and valued
- You will be making a huge difference!

## What skills do I need to have:

This role would be great for you if would like build a supportive friendship with someone you share interests with.

## For this role we ask that you are:

- 18 or over
- Friendly and approachable
- Reliable and patient
- Able to use initiative
- Accepting of others who might be different to yourself
- Have good communication and listening skills
- You will need to provide 2 references before you start and may be required to take a lateral flow test and wear a face mask when visiting.

About you – kind, caring, and patient

"The right attitude and living our values is really important. You need be willing to learn, grow and change for yourself and for Mencap's future." Dean



Mencap's values describe who we aspire to be and what we stand for. It is important that you show these five values whilst volunteering.

