



What we'd love you to do

The Mencap visiting service (MVS) was launched in **1963** as a befriending service to adults with a learning disability after their parents pass away.

We currently support over 300 people of all ages across England and Wales. MVS volunteers reduce social isolation, expand networks and build friendships.

Each volunteer is matched with someone to visit 6 times per year. All volunteers are supported by a Volunteer Services Coordinator.

- Visit a confident and welcoming lady for a knit over a cup of tea.
- This lady with a learning disability is in her 70s loves having visitors and isn't afraid to speak her mind!
- She loves to knit and can often be seen sporting her creations. She would love a kind volunteer to act as a knitting buddy.
- ✓ Visits will ordinarily be in the home.
- Provide companionship and a social connection to this wonderful lady, and in doing so supporting the work of the care home.
- You may be asked to take a lateral flow test or to wear a face covering and use hand sanitiser on the day of volunteering.

About the role
Knit and

Natter
Lostwithiel

"Listening, supporting and including one another is a vital part of working in our team."

Dean





What can you expect from us:

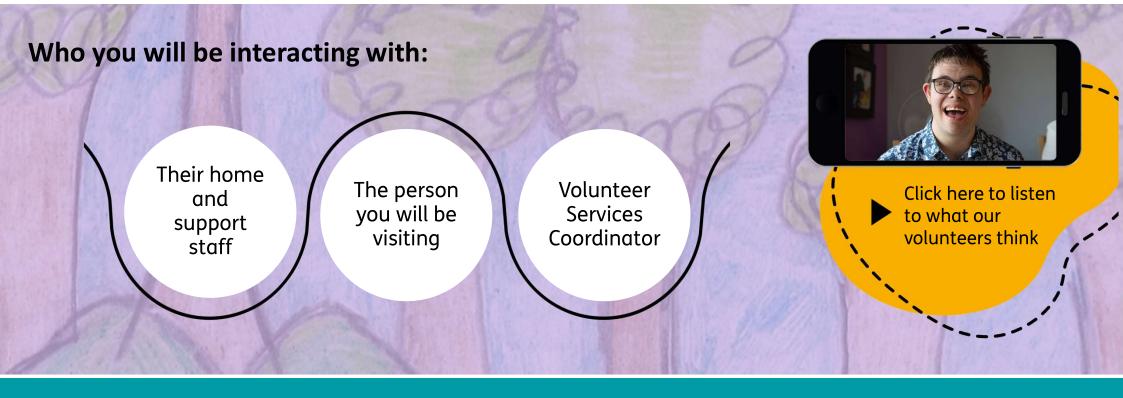
- Personalised training and induction
- To feel fully supported in your role
- Agreed out-of-pocket expenses to be reimbursed (e.g. travel, a meal out with the person you visit)
- Meet new people
- Learn new skills
- Feel appreciated and valued
- You will be making a huge difference!

What skills do I need to have:

This role would be great for you if would like build a supportive friendship with someone you share interests with.

For this role we ask that you are:

- 18 or over
- Friendly and approachable
- Reliable and patient
- Able to use initiative
- Accepting of others who might be different to yourself
- Have good communication and listening skills
- You will need to provide 2 references before you start and may be required to take a lateral flow test and wear a face mask when visiting.



Mencap's values describe who we aspire to be and what we stand for. It is important that you show these five values whilst volunteering.

We are

Passionate

about making
the world a
better place







