



About the role - Knit and Natter - Lostwithiel

“
"Listening, supporting
and including one
another is a vital part of
working in our team."

Dean

What we'd love you to do

The Mencap visiting service (MVS) was launched in **1963** as a befriending service to adults with a learning disability after their parents pass away.

We currently support over 300 people of all ages across England and Wales. MVS volunteers reduce social isolation, expand networks and build friendships.

Each volunteer is matched with someone to visit 6 times per year. All volunteers are supported by a Volunteer Services Coordinator.

- ✓ Visit a confident and welcoming lady for a knit over a cup of tea.
- ✓ This lady with a learning disability is in her 70s loves having visitors and isn't afraid to speak her mind!
- ✓ She loves to knit and can often be seen sporting her creations. She would love a kind volunteer to act as a knitting buddy.
- ✓ Visits will ordinarily be in the home.
- ✓ Provide companionship and a social connection to this wonderful lady, and in doing so supporting the work of the care home.
- ✓ You may be asked to take a lateral flow test or to wear a face covering and use hand sanitiser on the day of volunteering.



About you –
kind, caring,
creative,
confident

What can you expect from us:

- Personalised training and induction
- To feel fully supported in your role
- Agreed out-of-pocket expenses to be reimbursed (e.g. travel, a meal out with the person you visit)
- Meet new people
- Learn new skills
- Feel appreciated and valued
- You will be making a huge difference!

What skills do I need to have:

This role would be great for you if you would like build a supportive friendship with someone you share interests with.

For this role we ask that you are:

- 18 or over
- Friendly and approachable
- Reliable and patient
- Able to use initiative
- Accepting of others who might be different to yourself
- Have good communication and listening skills
- You will need to provide 2 references before you start and may be required to take a lateral flow test and wear a face mask when visiting.

“

"The right attitude and living our values is really important. You need be willing to learn, grow and change for yourself and for Mencap's future." Dean

Who you will be interacting with:

Their home
and
support
staff

The person
you will be
visiting

Volunteer
Services
Coordinator



Click here to listen
to what our
volunteers think

Mencap's values describe who we aspire to be and what we stand for. It is important that you show these five values whilst volunteering.

We are
Passionate
about making
the world a
better place

We are
Inclusive
of everyone

We are
Brave
we challenge
and try new
things

We are
Positive
in our work
and with each
other

We are
Kind
to everyone