



What we'd love you to do

The Mencap visiting service (MVS) was launched in **1963** as a befriending service to adults with a learning disability after their parents pass away.

We currently support over 300 people of all ages across England and Wales. MVS volunteers reduce social isolation, expand networks and build friendships.

Each volunteer is matched with someone to visit 6 times per year.
All volunteers are supported by a Volunteer Services Coordinator.

- ✓ Get to know a lady in her home
- ✓ She is in her 70s and lives in a home in the Woodley area of Reading
- ✓ Visits will be at the home initially
- ✓ Join support staff to take this lovely lady out for coffee or lunch
- ✓ Honor her parents' wishes by providing a social connection now they can't
- ✓ This lady has complex learning disabilities, so a patient and kind disposition is essential

Volunteer Role in Woodley, Reading

"Volunteering has given me a chance to make a difference to people's lives and at the same time it really is enjoyable too."

Gary



"I can go home

knowing that I have

made a difference and

I have helped to put a

smile in someone's

day."

Barbara



We are looking for volunteers who are

- •Friendly and approachable
- •Reliable and patient
- Accepting of others who might be different to yourself
- Able to use initiative
- •Good communication and listening skills

What can you expect from us?

- Personalised training and induction
- •To feel fully supported in your role
- •Agreed out-of-pocket expenses to be reimbursed (e.g. travel)
- Meet new people
- •To learn new skills
- •To feel appreciated and valued

The difference volunteers make

1.5 million people in the UK have a learning disability.

We have an ambitious vision for the UK to be the best place in the world for people with a learning disability to live happy and healthy lives. Volunteers play a key role in helping us achieve this.

Volunteering with us is your opportunity to help us achieve this, whilst having the chance to develop your skills, meet new people and join a passionate and dedicated team.



Our values describe who we want to be and what we stand for. It is important that you show these five values whilst volunteering.

Passionate
about making
the world a
better place

We are
Inclusive
of everyone

We are

CALLE

We challenge

and try new

things

We are

Positive

in our work
and with each
other

We are

Line

to everyone