



My One Page Profile

What Others Like and Admire About Me

- I have a caring nature
- I like to talk to people
- I am welcoming towards people
- I am a nice person
- I like music and singing to songs I know
- I have a great memory and remember everyone's names

What's Important to Me

- My toys and teddy bears
- Day Service
- Special occasions like birthdays and Christmas
- 1:1 time
- A cup of tea or coffee
- Sweets and chocolate
- McDonalds
- My Family



MusicPartySupplies.com

Things I dislike

- I don't like waiting
- I don't like loud noises in the room
- I don't like people touching my things
- I don't like being ignored
- I don't like being asked to be quiet

How Best to Support Me

- Get to know me, spend time with me doing things I like to do e.g. my toys and teddy bears, listening to music or going out for a coffee or a meal out
- Be kind
- Help to keep my bedroom clean and tidy
- Support with my medication
- Support me to keep in touch with my family
- Have time for me, have a chat with me

