



This is me

What people like and admire about me...

People say that I have a great sense of humour and I am good to be around.

That I appreciate your time and patience, being with me at all times when out or doing my favourite activities.

My creativity and enthusiasm when doing activities such as colouring, art and crushing cans.

Making my own decisions and knowing what I want to do with my time.



What makes me happy

Going for long walks in open spaces & visiting local parks particularly the one with a large pond, my favourite.

Listening to music and watching You Tube.

Horses although I have been riding for a long time but I would like to do this again.

Art, colouring with my own pens and pencils.

Superheroes and Gruffalo.

I really like books being read to me and picture books.

How I want to be supported

I need you to be with me all the time and need your attention and to feel assured that you are there with me. I need two people supporting me at any one time and sometimes I need three support workers.

I need structure and routine.

Speak to me clearly so that I understand and I need easy read information and support to understand the information, use verbal and visual prompts.