

## We'd love you to join us as a Mencap Mate, Letchworth



### About the role

#### About the team you'll join

**We support adults with a learning disability in a shared home in Letchworth. They all have different interests and would love a volunteer to spend time with them doing what they love! They enjoy to meet new people and are eager to develop new friendships.**

#### How you'll make a difference

**As well as sharing their interests, you will be supporting their social lives and as a volunteer you will have the opportunity to make a real, positive, and meaningful impact in the lives of these lovely people with a learning disability.**

#### DBS/Reference Requirements

**Two references are required, and you may need a DBS depending on the activity you will be supporting and how regularly you volunteer.**

#### When (hours & days if known) and where the role is

**Weekly or monthly is preferable but this role is flexible and is when you have the time any day of the week.**

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"Volunteering has given me a chance to make a difference to people's lives and at the same time it really is enjoyable too."

Gary



## About you and Mencap

### We are looking for volunteers who are

- Friendly and approachable
- Reliable and patient
- Able to work as part of a team
- Accepting of others who might be different to yourself
- Able to take instructions

### What can you expect from us?

- Training and induction
- To feel fully supported in your role
- Agreed out-of-pocket expenses to be reimbursed (e.g. travel)
- To meet new people and be part of a team
- To learn new skills
- To feel appreciated and valued

### The difference volunteers make

**1.5 million people in the UK have a learning disability.**

We have an ambitious vision for the UK to be the best place in the world for people with a learning disability to live happy and healthy lives. Volunteers play a key role in helping us achieve this.

**Volunteering with us is your opportunity to help us achieve this, whilst having the chance to develop your skills, meet new people and join a passionate and dedicated team.**

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"I can go home knowing that I have made a difference and I have helped to put a smile in someone's day."

**Barbara**

## What you could be doing:

Enjoy social activities outside of the home, such as going for a walk, visiting the shops or perhaps going bowling

Play games at home doing puzzles, reading and quiet time together. Help in the garden.

Spend quality time with a person with a learning disability doing what they love



Our values describe who we want to be and what we stand for. It is important that you show these five values whilst volunteering.

We are  
**Passionate**  
about making  
the world a  
better place

We are  
**Inclusive**  
of everyone

We are  
**Brave**  
we challenge  
and try new  
things

We are  
**Positive**  
in our work  
and with each  
other

We are  
**Kind**  
to everyone