

Leigh-On-Sea One Page Profile

Profile:

The service is based in Leigh-on-Sea and each lady has a wonderfully different personality. They all enjoy going out in the community and in cars with staff. Each person has different preferences and they have individual support plans in place to reflect their own requirements and personalities both at home and out in the community. Each person requires some support with personal care, medication and completing household tasks. When these are done the world is open to many opportunities and to turn an ordinary day into an extraordinary one.

People who are important to them

Family
Friends
Staff team
Social Workers
Health Professionals

It is important to them that staff

- Be responsible and reliable to provide an excellent level of support to each person.
- Engage with each person in a cheery manner and be ready for lots of fun.
- Recognise the importance of engaging in support planning and making plans happen.
- Understand and work to Mencap values.
- Support individuals out in the community even if this may present some challenges.
- Understand the importance of following support plans and risk assessments to provide a safe and caring environment.
- Support individuals to complete a range of physical and written tasks to a high standard.

They are great at

- They like to do activities of their choosing
- They like to spend time with their families
- They go to their day centres
- They are given choices with everyday things they do
- They like stability with staff and in what they do, as a change in routine can unsettle them.
- They are supported to do things themselves, where possible, not do it for them
- They are supported to be as independent as possible

I sometimes find it difficult

- Maintain my own health requirements and follow professional advice about keeping healthy.
- To keep my bedroom tidy
- Communicate in a clear way
- Move around and exercise
- Recognise emotions and find positive reactions to emotions I find difficult.

They need support to

- Plan and fulfil their goals and dreams
- Engage in activities at home and in the community
- For their wellbeing and healthy diet
- Keeping the home safe for people
- Managing and doing all paperwork like finance, updating support plans and risk assessments
- Building friendships and maintaining relationships with friends and family
- Report complaints/compliments.

They want support

- Access the community to have long walks and go out in staff cars and complete interesting activities.
- Colour and do art and crafts
- Help us to find and try new activities that meet the existing interests and hobbies.
- Help to plan and develop individual skills that will empower the individual
- Celebrate individual's achievements
- Help the people to develop new skills and work in a person centred way.
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