



What we'd love you to do

The Mencap visiting service (MVS) was launched in **1963** as a befriending service to adults with a learning disability after their parents pass away.

We currently support over 300 people of all ages across England and Wales. MVS volunteers reduce social isolation, expand networks and build friendships.

Each volunteer is matched with someone to visit 6 times per year. All volunteers are supported by a Volunteer Services Coordinator.

- ✓ Could you spare some time once every two months to visit a lovely person with a learning disability? At first in the home, but then helping her to access the community?
- ✓ This beneficiary is a welcoming 77-year-old woman who lives in the Speedwell area of Bristol
- ✓ She enjoys talking about anything and everything! She also has a particular interest in theatre, although hasn't been able to see any for a long while.
- She likes going out for coffee and a spot of lunch, watching telly, listening to music, and having a good chat.
- ✓ Visits will initially be at home but will move to helping her out and about as soon as you both feel comfortable.
- You may be required to wear a face mask during visits

About the role Coffee and a
catch up Bristol

"Listening, supporting and including one another is a vital part of working in our team."





What can you expect from us:

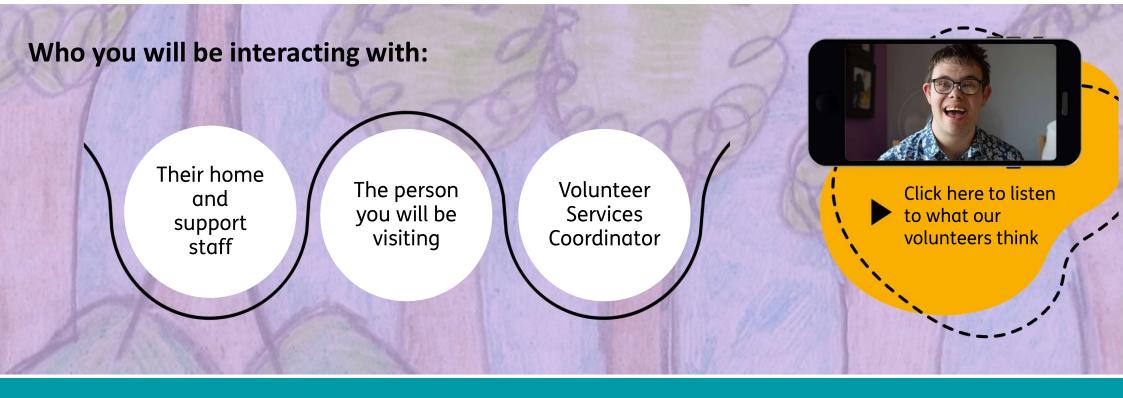
- Personalised training and induction
- To feel fully supported in your role
- Agreed out-of-pocket expenses to be reimbursed (e.g. travel, a meal out with the person you visit)
- Meet new people
- Learn new skills
- Feel appreciated and valued
- You will be making a huge difference!

What skills do I need to have:

This role would be great for you if would like build a supportive friendship with someone you share interests with.

For this role we ask that you are:

- 18 or over
- Friendly and approachable
- Reliable and patient
- Able to use initiative
- Accepting of others who might be different to yourself
- Have good communication and listening skills
- You will need to provide 2 references before you start



Mencap's values describe who we aspire to be and what we stand for. It is important that you show these five values whilst volunteering.

We are

Passionate

about making
the world a
better place







