

We'd love you to join us as a House Move Help Volunteer



About the role

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"Volunteering has given me a chance to make a difference to people's lives and at the same time it really is enjoyable too."

Gary

This role is to support people living in the IP33 postcode region in Bury St Edmunds. If you can make any of the dates listed below, we'd love to hear from you.

We need to support 8 people to move from where they currently live on site to another facility on site. This means all their personal belongings, and furniture need to be packed up and moved and the room they are vacating needs a thorough clean before another person moves into it.

1 person we support has requested their new room be painted before they move in.

This all needs to happen between the 29th April and 7th May 2024.

Any volunteers who wish to maintain contact with the people we support through the transition as well as in the future would be welcomed by Mencap.

DBS/References are not required for supporting the move as staff will also be present.

When and where the role is

27th/28th/29th April - Decorating & help person 1 and 2 to pack rooms

30th April - Move person 1 and 2 and help set up new accommodation, clean room for person 3 and 4, help person 3 and 4 to pack rooms.

May 1st - Move person 3 and 4 and help set up new accommodation

May 2nd - Clean vacant rooms and help person 5 and 6 pack rooms

May 3rd - Move person 5 and 6 and help settle

May 4th - Clean vacant rooms and help person 7 and 8 pack

May 5th - Move person 7 and 8 and help settle



About you and Mencap

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"I can go home knowing that I have made a difference and I have helped to put a smile in someone's day."

Barbara

We are looking for volunteers who are

- Friendly and approachable
- Reliable and patient
- Able to work as part of a team
- Accepting of others who might be different to yourself
- Able to take instructions

What can you expect from us?

- Training and on the day briefing
- To feel fully supported in your role
- Agreed out-of-pocket expenses to be reimbursed (e.g. travel)
- To meet new people and be part of a team
- To learn new skills
- To feel appreciated and valued

The difference volunteers make

1.5 million people in the UK have a learning disability.

We have an ambitious vision for the UK to be the best place in the world for people with a learning disability to live happy and healthy lives. Volunteers play a key role in helping us achieve this.

Volunteering with us is your opportunity to help us achieve this, whilst having the chance to develop your skills, meet new people and join a passionate and dedicated team.

Who you will be volunteering with

People
with a
learning
disability

Mencap
Colleagues

Other
volunteers



Our values describe who we want to be and what we stand for. It is important that you show these five values whilst volunteering.

We are
Passionate
about making
the world a
better place

We are
Inclusive
of everyone

We are
Brave
we challenge
and try new
things

We are
Positive
in our work
and with each
other

We are
Kind
to everyone